



**Tresillian**

*It's in our nature to nurture*

# ONLINE REFERRALS

[tresillian.org.au](https://www.tresillian.org.au)

Australia's largest Early  
Parenting Service

## ABOUT ONLINE REFERRALS



- ✓ Visit <https://www.tresillian.org.au/health-professionals/make-a-referral/>
- ✓ Can take as little as 5 minutes to complete.
- ✓ Clear intuitive layout.
- ✓ Tresillian matches the needs of the family with the most appropriate service.
- ✓ Immediate, reliable lodgement.
- ✓ Processing streamlined via single intake point.
- ✓ Tresillian aims to be in contact with your client within 3 working days to guide them through the admission process.
- ✓ You will receive a comprehensive discharge summary.

**By providing a comprehensive history, you will help us to achieve the best outcome for each family.**



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## Why Referral to Tresillian?

- Practical guidance and support on baby's sleep and settling
- Breastfeeding or bottle-feeding
- Toddler behaviour
- Parental emotional health and wellbeing

## What Tresillian Services are available to Families?



### Day Services

Families can visit a Tresillian Centre for the morning or afternoon and receive individual advice on their baby. Services are located in metropolitan Sydney at Canterbury, Wollstonecraft, Nepean, and in regional NSW at Queanbeyan, Coffs Harbour, Lismore, Taree, Wagga Wagga, Broken Hill, Dubbo and the Tresillian 2U Mobile Van is based on the Mid North Coast Service and in Victoria at Albury-Wodonga. Telehealth Virtual Consultations are also available with a Tresillian Nurse, Psychologist or Social Worker.



### Residential Services

In metropolitan Sydney, Tresillian has 3 x inpatient Residential Units located at Willoughby, Canterbury & Nepean and in regional NSW, at Macksville. Families live in for 4-nights/5-days and receive specialist advice and support with their particular parenting issue. In the ACT, a Tresillian Residential Unit is located at the QEII Family Centre in Curtin.

## How much does Tresillian cost?

Tresillian's Day Services including Telehealth consultations are free of charge. Residential Services are covered by Medicare and/or the family's private health fund.

## Advice from Tresillian

The Parent's Help Line Nurses are only a call away, ready to provide a listening ear, helpful advice and to assist parents access the Tresillian service that best meets their needs. You may advise your patients that there is the option for them to Self Refer if they wish by calling the **Tresillian Parent's Help Line on 1300 272 736**.

