



ONE HUNDRED YEARS

OF CARING FOR FAMILIES WITH BABIES & YOUNG CHILDREN

THE ROYAL SOCIETY FOR THE WELFARE
OF MOTHERS AND BABIES



“The war has forcibly brought home to us the fact that our babies are our best asset; for the tiny fingers grasping thin air today, will shape the destinies of tomorrow. No sacrifice can therefore be too great, nor effort too strenuous, to promote the wellbeing and the happiness of mothers and the care of their little ones.”

The Hon. Sydney Reginald Innes-Noad,
M.L.C. President, The Royal Society for
the Welfare of Mothers and Babies, 1918



The Tresillian Story

Tresillian’s Centenary in 2018 celebrates one hundred years of history as Australia’s leading child and family health service. Formed in 1918, as The Royal Society for the Welfare of Mothers and Babies, Tresillian has supported generations of parents during the early days of their baby’s life, providing reassurance and building confidence.

Founded at the Sydney Town Hall, on 4th November, 1918, the Society was a NSW government initiative sparked by soaring infant mortality rates and a desperate shortage of health services for new mothers.

The primary goal of Tresillian today remains unchanged: that of securing the best possible life and future for young Australians. As an organisation, Tresillian continues to grow. Five new Family Care Centres opened in 2018, the Tresillian 2U mobile parenting van launched

on the Mid North Coast and a Development Application was approved by North Sydney Council to build a new purpose-built facility at our Wollstonecraft heritage Centre that will house combined residential and day services. For parents this means greater access to parenting programs, counselling, and one on one advice and support from Tresillian’s healthcare professionals.

We now invite you to celebrate the diverse history and heritage of Tresillian through this wonderful journey into the organisation’s rich past.

Robert Mills,
Chief Executive
Officer, Tresillian

Nick Kowalenko,
President,
Tresillian Board





Tresillian
It's in our nature to nurture

**BABY KILLING
WORSE THAN WAR**
What the Welfare Society Needs
to Help It Save Our Coming
Generations

1900's

Our Beginnings

The Royal Society for the Welfare of Mothers and Babies was set up to co-ordinate the efforts of many NSW charitable and Government agencies working in the field of infant welfare during the post war period. At the time, the infant mortality rate was so high, that while during the First World War tragically up to 60,000 men were killed in battle, the country also lost around 58,000 babies to poor nutrition.

What emerged was the Society for the Welfare of Mothers and Babies, a new organisation providing specialist care for babies with feeding and behavioural problems, a training school for nurses and a residential and outpatients clinic for mothers and babies.

The Society was formally established on 4th November, 1918 at the Sydney Town Hall, at a meeting chaired by the Sydney Lord Mayor, Hon J. Joynton Smith M.L.C.



(Pictured) The management Committee that established the Society with President, the Hon S.R. Innes-Noad M.L.C. second from right.

Incorporated by an Act of Parliament

An Act incorporating the Society was passed by the NSW Parliament in 1919 and an office was established in the Chief Secretary's Building, Sydney. In April, 1919, His Majesty King George V assented to the prefix "Royal" and his wife, Queen Mary officially became Patron shortly afterwards, until her death in 1953. On a visit to Australia in 1954, Her Majesty Queen Elizabeth II, granted her patronage to the Society and remains Patron to this day.

Our First President

The Society's founding President was The Hon. Sydney Reginald Innes-Noad M.L.C. who ensured that the aims of the Society were vigorously pursued - its goals were:

- The saving of baby life and the amelioration of the conditions of life of children up to school age
- The ensuring of proper nursing and health conditions to every expectant mother prior to and subsequent to childbirth
- Such further objects and purposes as may be proclaimed by Government

The Hon. Innes-Noad had a vision for the Society – that of securing the best possible life and future for young Australians. In the first Annual Report, he summed up the reason for the Society's existence: 'The war has forcibly brought home to us the fact that our babies are our best asset; for the tiny fingers grasping thin air today, will shape the destinies of tomorrow. No sacrifice can therefore be too great, nor effort too strenuous, to promote the wellbeing and the happiness of mothers and the care of their little ones' (RSWM&B, 1919:4).

Nurse Education – the cornerstone of the Society

Nurse education has been at the cornerstone of the Society's educational activities. The first Medical Director, Dr Margaret Harper was an innovator and pioneer who travelled to New Zealand to



How did Tresillian get its name?

In 1921, the Society purchased 2 Shaw Street, Petersham, to house Australia's first Infant Mothercraft Training School. 'Tresillian' was the name bestowed on the home which was built by the Cornish born, Mr Langdon whose family were lumber merchants founding the business of 'Langdon & Langdon'.

The palatial Petersham house reflected the Langdon's timbercraft traditions with fine cedar doors, partitions and a magnificent staircase. During his lifetime, Mr Langdon was an Alderman and Mayor of Petersham. It's thought he named his home 'Tresillian', as a tribute to memories of his Cornish childhood. The Society affectionately became known as Tresillian from then on. The property was described as 'a roomy modern house with charming grounds'. Dame Margaret Davidson officially opened the Petersham Centre on 7th September, 1921 asking for 'help and interest' with this very important work.

In its first year of operation, 30 mothers and 30 babies were admitted to Tresillian and it was reported 'all had improved with lactation induced and mothers able to nourish their children'. 46 outpatients were also treated successfully.

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Tresillian Petersham

study the methods being used under the Plunkett system, led by Health Reformer and Director, Dr Truby King. On Dr Harper's return in 1921, her report to the government recommended the opening of an Infant Training School to service the increasing demand for trained staff in the Baby Clinics. Post graduate certificate courses were offered to those holding either obstetric or general certificate qualifications.

The important components of the Plunkett system were "Standardisation of methods". These were initially implemented by Dr Harper, but by 1923, Dr Truby King was critical of the methods employed at the Society's Training School, claiming they were not following his principles. Dr Margaret Harper responded by saying that the environment in Sydney required adaptation to the Plunkett system. Acrimonious debates and correspondence in the newspapers ensued!

Initially, the courses offered at Tresillian were for general trained nurses only. Later, in 1924 a course for untrained girls as 'Mothers' help' was introduced. The course for general trained nurses was of three months duration and the trainees were paid a fee of £15. From 1924-1932 the Society trained Froebal nurses. These were students who studied for 6 months at the Kindergarten Union and 6 months at a mothercraft hospital with the course combining mothercraft nursing and child care.

Community education

Community education was vigorously pursued by the Society. The first Annual Report in 1919 lists thirteen members on the "Propaganda Committee", headed by Judge Backhouse.

Subsequently, the Society actively promoted publicity campaigns in the city and country, conducted Baby Weeks, produced pamphlets, established a Mothers' Rest Bungalow with displays at the Royal Agricultural Society's Annual Show in Sydney, published regular baby management advisory columns in women's journals and arranged lecture tours in country areas on infant and maternal welfare. One of its most influential publications was Dr Margaret Harper's "Parent's Book".



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Wicker bassinets

A hallmark of Tresillian has been the handmade wicker bassinets for baby that are still used to this day. The bassinets were crafted for Tresillian in the early 1920's by the Royal Blind Society of NSW and have become synonymous with our service to parents. These bassinets were scrubbed clean by the nurses as each baby was discharged. A truly sustainable cot.

A task for the student nurses was to make chaff mattresses – baking the chaff, filling mattress covers and then sewing them up. A further skill the nurses learnt was making the bassinets up with an enveloping sheet. There was a real art to folding the large sheet to suit the weather (more layers in winter, less in summer). The babies would be swaddled using these sheets and settle very quickly on the chaff mattress.





1920's

Tresillian heads north!

In January, 1927, the Society purchased a property for £4,200 at 2 Second Avenue, Willoughby to service the population of northern Sydney. A Committee of Management for Tresillian North was established and officers elected, and on the 23rd March, 1927 Tresillian North was officially opened by the NSW Minister for Public Health, Mr Cann.

The Sydney Morning Herald (Thursday, 24th March, 1927) reported that Dr. Margaret Harper, Tresillian's Hon. Medical Director, presided at the opening ceremony giving an outline of the work at Tresillian. She said



'One thousand mothers and their babies had been admitted to Tresillian Petersham since 1921, and 12,000 mothers and babies had attended the out-patients' department'. Mr Cann expressed his approval adding, 'Mothercraft was most important in the scheme of things'.

The opening ceremony was attended by a large number of people, among them being several members of the Tresillian Council, including Mrs R. T. (Annie) Forsyth (President of Tresillian's Auxiliary.) Mrs Forsyth worked tirelessly as a volunteer to stage many fundraisers for Tresillian.

Council appointed Matron Norman in charge at Tresillian North.

Tresillian North hosted many events. The front verandah of the home formed an appropriate stage for the opening by Sir Charles Clubbe, President of the Royal Society for the Welfare of Mothers and Babies, who was accompanied by Lady Clubbe. Sir Charles emphasised the value of such homes as 'Tresillian North' for the teaching of mothercraft, saying it deserved 'wholehearted support'.



The legendary plaque from the gate at Tresillian Petersham handcrafted in 1921. Note the incorrect spelling of the word 'Tresillian', which appeared to happen quite frequently in the early days!



1930's

Tresillian Vacluse opens

During this period the Society opened another training hospital in Greycliffe House, Vacluse.

In 1934, a proposal was submitted to the Director-General of Public Health for the Society to take over the administration of the Lady Edeline Hospital for Babies in Vacluse (known as Greycliffe House) overlooking Neilsen Park. On November 26, 1934 the hospital officially became a Tresillian Mothercraft Home.

According to *The Sydney Morning Herald*, the opening by Lady Street, President of the Tresillian Council, attracted quite a crowd with hundreds attending to celebrate what was also the 16th Annual General Meeting of the Society. Guest Speaker was the Town Clerk of Sydney, Mr W.G Layton.



Mothers could stay up to two weeks

At this time Tresillian existed to serve the baby in all matters relating to nutrition and normal care. For example, a mother with a newborn baby would be admitted to a Tresillian Home straight from hospital for help with the establishment of breastfeeding and general care of the baby such as bathing, settling and feeding.

Mothers had time to recuperate at Tresillian and could stay for up to two weeks. Instruction for the mother was seen as critical to achieving better outcomes for their children.



1940's

Carpenter House opens

At a special meeting of the Tresillian Council held on 30th July 1940, the Hospitals Commission approved the Society to take over the administration of what was known for many years as 'Carpenter House' in Wollstonecraft.

The Federal Government had appealed for donations towards the King George V and Queen Mary Jubilee Fund, and Sir Walter and Lady Carpenter donated their beautiful house and grounds in Shirley Road, Wollstonecraft, together with a substantial sum for any necessary alterations. From the hands of the Federal Government, the gift passed to the State Government, which asked the Royal Society for the Welfare of Mothers and Babies to undertake the task of running it.

The Sydney Morning Herald reported on 3rd December, 1940 that 'there was a need for rest homes to which mothers can take their newborn babies before returning home'. It went on to outline what was happening behind the scenes in preparation for the opening. 'The Matron, Miss Sheila Carmichael, along



with Sister Tolcher have been hard at work making towels and linen. Matron was able to choose the furnishings for the patients and nurses' quarters, and is proud of the result!

'Babies are to have their own food room which has been designed with an eye to showing mothers how food can be prepared and kept under much the same conditions as in their own homes. It's no use telling them to use refrigerators if they don't own refrigerators!' Matron pointed out. 'The food room has a miniature gas stove, ample cupboard space, and a gauze-sided safe through which air can flow out of doors.'

'The parquet-floored ballroom has been turned into a mothers' dining-room, with three round tables and cream and brown curtains, and provision has been made for winter warmth.'

'Matron has her own sitting-room upstairs, with a glassed-in balcony-bedroom attached, and the rest of the nursing staff will also be accommodated upstairs. Their chief pride is what they call "the Woolcott-Forbes bathroom" which has a green bath set in green tiles, a green wash-basin, and cream tiled walls with a green dado'. The original bathroom can still be found at the Wollstonecraft Centre today.

On 14th December, 1940 Mrs H. P. FitzSimons, wife of the State Minister for Health, officially opened Carpenter House.

Premature babies

Before the setting up of Neonatal Intensive Care Units (NICU) Tresillian cared for many premature infants at all Centres. They were dressed in a nightie structured out of a roll of cotton wool and placed in a bassinette lined with brown paper and woollen blankets, to keep them warm. Hot water bottles were used to maintain baby's temperature.



1950's & 1960's



Around this time, Tresillian began admitting toddlers aged between 12 months and two years, usually presenting with behavioural issues. Matron Clifton, in charge of Petersham explained the Tresillian treatment at that time; 'The treatment is carried out by trained staff who realise the importance of self-control. Much patience is required over a long period but eventually most children are discharged with the defect rectified!'

Tresillian continued to admit premature babies at each of its Centres. Amongst the admissions were many sets of twins and triplets. Babies would be admitted within 24 hours of birth and discharged weeks later when

breastfeeding had been established.

Meanwhile at Tresillian Vaucluse, after more than three successful decades, its isolated location and decreased demand for accommodation, obliged the Society to close the mothercraft home in 1969. In 1970, the house was acquired by the Government under the care of the NSW National Parks and Wildlife Service.

Tresillian has always attracted staff who are genuinely passionate about providing guidance and support to families with a baby or toddler. One staff member who served in a management capacity was Miss Sheila Robb who was appointed Matron in charge of Tresillian Vaucluse in 1953 and later Matron in charge of Tresillian Willoughby in 1963. Miss Robb had a wealth of practical mothercraft experience and was well respected as both a manager and clinician.



Dr Margaret Harper

The death of the Society's first Medical Director, Dr Margaret Harper in 1964, was deeply felt by all those who had worked with her. Despite retiring in 1948 she had retained a personal interest in the Society as an Honorary Consultant. A tribute Fund was established for the purpose of establishing a memorial to this outstanding clinician. In 1982, 'The Margaret Harper Clinic' was officially unveiled at Tresillian Wollstonecraft.



Tresillian
It's in our nature to nurture

1970's

TRESILLIAN MOTHERCRAFT
Layette Pattern



A Baroness visits Tresillian!

Perhaps the most significant event of the 1970's was the visit to Tresillian by The Right Honourable Baroness Seear of Paddington, London in July 1975, to open a new wing in the Petersham Centre.

Baroness Seear was a Liberal Life Peer in the UK House of Lords and a strong advocate for the role of working mothers. The Baroness had written numerous books and articles on women's rights. Commonwealth Parliamentary meetings were set up and a press conference followed, resulting in widespread media coverage for Tresillian.

Completed in 1975, the new wing at Tresillian Petersham featured modern fully self-contained rooms for parents and new nurseries. It was officially opened on 31st July, 1975 by the Baroness and named the Kathleen Winning Wing.

Dr Kathleen Winning was recognised in this way because of the dedicated service she had given in the post of Medical Director from 1951 to 1970. She was a formidable force within Tresillian promoting breastfeeding as the ideal way to develop a close relationship with baby and encourage 'understanding and love in a home where child-rearing is a happy, welcome function and not a nuisance', as quoted in the 1970 Tresillian Annual Report.




THE
KATHLEEN WINNING
UNIT
MEDICAL DIRECTOR OF THE
TRESILLIAN HOSPITALS 1951-1970
OFFICIALLY OPENED ON
31ST JULY 1975
BY THE RIGHT HONOURABLE
THE BARONESS SEEAR
OF PADDINGTON
LONDON



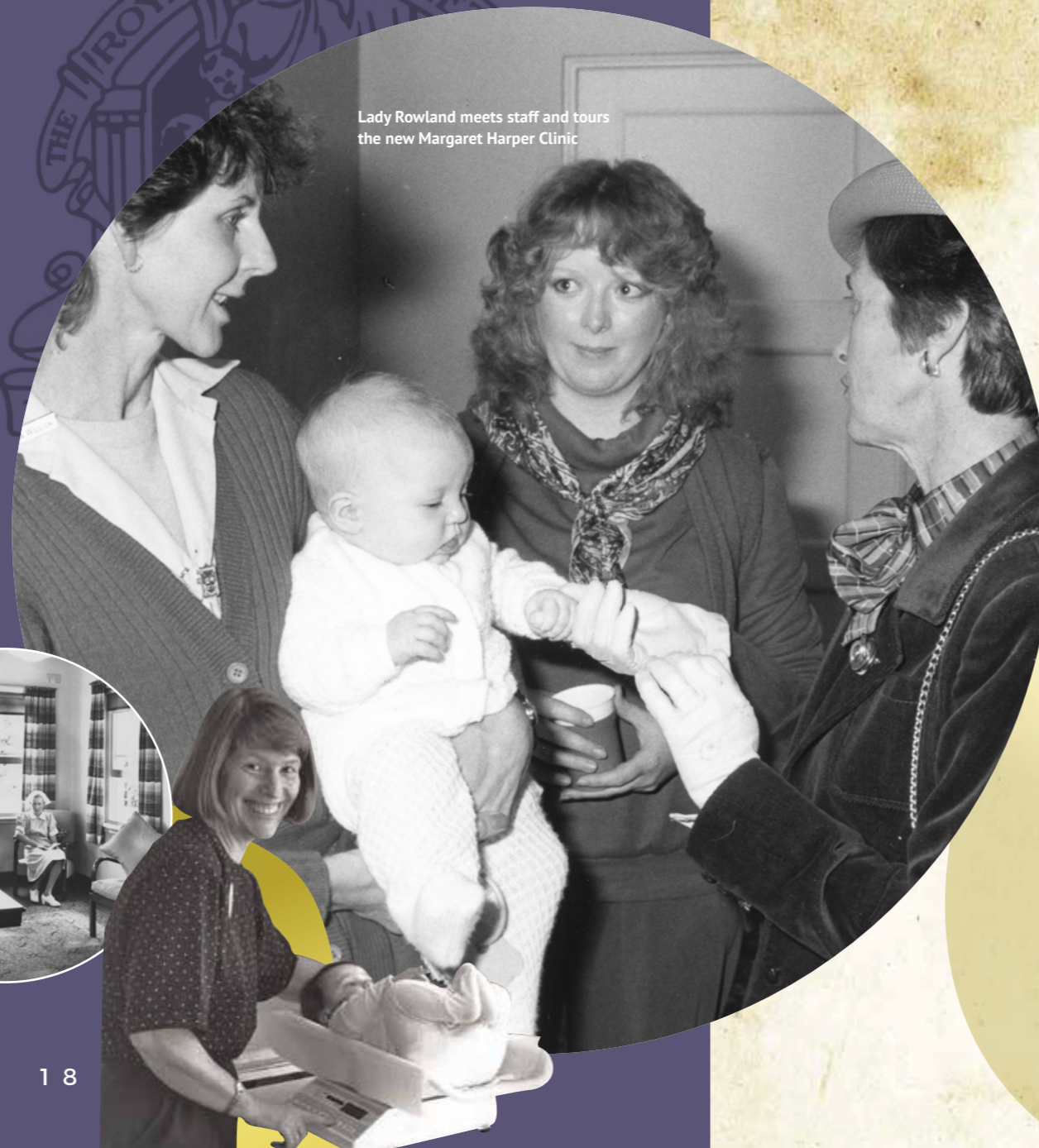
1980's

The Margaret Harper Clinic opens

In 1980, the residential unit at Carpenter House, Wollstonecraft was converted to a Day Stay Clinic to enable more families to access help. Named 'The Margaret Harper Clinic' after Tresillian's first Medical Director, it was officially opened on 30th June, 1982 by His Excellency Air Marshal Sir James Rowland, Governor of New South Wales and Lady Rowland.

The clinic was in high demand with a "Family Stress Centre" set up to address a pressing community need. Social workers and a family psychiatrist were introduced to assist families with more complex care.

Miss Brightfield was the Matron in Charge at Carpenter House at that time and was renowned for her dynamic leadership. A guiding light, she had worked at Tresillian Vacluse for many years and was a passionate advocate of maternal and child health.



Lady Rowland meets staff and tours the new Margaret Harper Clinic

Becoming Family Friendly

It wasn't until the 1980's that Tresillian became truly 'family friendly' encouraging fathers to participate in their baby's care. Pam Davidson (Charge Nurse), together with Matron Muriel Newman changed the beds at Willoughby from singles to doubles and fathers were encouraged to stay. It wasn't long before this was standardised across all Tresillian residential units.

Learning Mothercraft

Becoming a mothercraft nurse required participating in an apprentice style program. Expert, very experienced senior nurses would oversee the more junior nurses. One former student, Cathrine Fowler, elaborates; 'The more senior sisters would arrive and rescue us and more importantly the baby, assisting the mother attach the baby to their breast and bringing a sense of calm to the situation.'

Nurse education remained a priority of the Society. There were two courses – the Mothercraft nurses program for general trained nurses studying for a 'third certificate' in a 6-month period; and a long-course (15 months) for students seeking a career in Mothercraft nursing. The Education Unit, based at Petersham was popular with students despite a very rigorous practical program requiring them to be part of the workforce either at Tresillian or in a paediatric ward.



Tribute to Miss Carr

Miss Evangelyn Carr was a Matron and Director of Education at Tresillian Petersham from 1964 to 1992. For many students she became a key person in their learning to become a Mothercraft nurse. Her quiet efficiency and her wealth of experience in caring for infants and young children was a gift she willingly shared with the students. Miss Carr remains actively involved in Tresillian. A yearly event is setting up the Christmas tree at Tresillian Canterbury which is much appreciated by the staff and families. Over the years she has assisted at many Conferences with stage decoration and organisation. Evangelyn recalls that in the early years she was also responsible for sewing the curtains and baby clothes at Petersham (in her own time!).



Head Office Move

Changes were afoot for head office staff at Tresillian with the city offices occupied by the organisation in Naval House Grosvenor Street, Sydney, closing for redevelopment on December 31, 1981. Council made the decision to move head office temporarily to Wollstonecraft based on the high cost of rentals in the city. Head office was eventually based at Petersham and nowadays at Tresillian Canterbury.

Tresillian Parent's Help Line

In 1988, Tresillian launched the Parent's Help Line service, a dedicated telephone service for parents and carers needing 'on the spot' advice on a parenting issue. In the first year the service recorded over 14,000 calls with the number of calls steadily increasing each year. An 1800 freecall number was also introduced to enable those living in rural areas to contact Tresillian without paying STD charges. Corporate sponsorship was sought in 1993 to offset the cost of administering the Parent's Help Line and Tresillian is grateful to Johnson & Johnson for the financial support they have provided over the last 25 years. Despite the introduction of new technology, today the Parent's Help Line continues to be a relevant and popular service for parents seeking advice from a Tresillian Nurse. It remains a free service.

Mrs Alison Cox OAM

On Council, Mr Frank Guthrie MBE was succeeded by Mrs Alison Cox OAM as President, with Mr Bob Elmslie OAM, as Vice President. Mrs Cox remained as President until 1990 and presided over a period of major development activity in that period.

Like all members of Council, Mrs Cox gave her time and expertise on a pro bono basis. She was passionate about wanting to make a difference for families with young children. There's no doubt that she achieved this through her work with Tresillian and her legacy will live on.

Tresillian's first National Conference

In September 1988, Tresillian held its first national Conference for child and family health professionals titled 'Babies, Toddlers & Tears', initiated by Medical Director and paediatrician, Dr John McDonald (pictured) and his team of medical staff. Dr McDonald was a notable figure at Tresillian giving over 50 years service as a Visiting Medical Officer, Medical Director, and later on the Tresillian Council. The other Medical Directors who played a major role in Tresillian were Dr John Quoye who preceded Dr McDonald, and Dr Neville Don, who followed in 1991. This heralded a new era for Tresillian in providing quality professional development and from that period Conferences were held either annually or bi-annually.



Dr John McDonald

Dr Neville Don



Guthrie Child Care Centre opens

Around this time, President of the Tresillian Council, Mr Frank J Guthrie MBE, saw the need for a long day care facility to give parents a short break or respite from their child. The Council lobbied the Department of Youth and Community Services and the Department of Social Security, to fund the venture. They agreed, and Guthrie Child Care Centre was established on the grounds of Tresillian Wollstonecraft in 1982 for 26 children aged up to 5 years, Monday to Friday. The Centre was named after Mr Guthrie and the first Director was Jane Marshall.

Mr Frank J Guthrie MBE retired in 1985 as President (but remained on Council).



Tresillian Council 1989: From left to right: Mr Clem Potter, General Manager, Mr Bob Elmslie OAM, Mrs Alison Cox OAM, President, Mr Frank Guthrie MBE, Mrs Pam Fikar, Director of Nursing and Dr John McDonald, Medical Director



New Strategic Plan

In the early 1990's, the organisational structure was reviewed and a new Strategic Plan implemented. The outcome was that all Centres were united under one Director of Nursing, Pam Fikar. Pam brought with her a wealth of experience to Tresillian as an educator and Charge Nurse at Willoughby. This created an Organisational Structure that was consistent with NSW Health organisations and enabled Tresillian to present a united front enhancing its status as a leader in child and family health.

1990's

In 1991, a new Tresillian Parenting Guide was launched written by Nurse Educators, Cathrine Fowler and Patricia Gornall (pictured bottom right).

Titled, 'How to Stay Sane in Your Baby's First Year', the foreword was written by media personality, Geraldine Doogue, who aptly wrote 'one never quite 'arrives' as a parent, it is one of life's great explorations with pots of gold dotted along a path which is sometimes rather problematic'. The book covered topics such as preparing for baby, coping with crying and lack of sleep, feeding, and dealing with postnatal depression.

'How to Stay Sane in Your Baby's First Year' went on to become a best seller and was re-published several times.

Tresillian Wentworth

During that time Sydney's western suburbs and the Lower Blue Mountains district were undergoing a population explosion with thousands of families making it their home. The Tresillian Council saw the need for early parenting services to support families struggling to cope with their new baby, so they vigorously lobbied the NSW Government to consider funding a new Tresillian Centre. Led by President,

Anne Partridge, former Director of Nursing entertaining some toddlers.



Mrs Alison Cox OAM, discussions commenced with the Wentworth Area Board and the state government, to establish a new purpose-built Family Care Centre in the grounds adjacent to Nepean Hospital. The former NSW Minister for Health The Hon. Peter Collins MP had experienced the Tresillian service first hand, and recognised the need for this initiative and on 22nd October, 1990, announced that the Government would provide \$4.6 million towards the cost of the new Centre.

The opening at 11am on 22nd August, 1992 by The Hon. Ron Phillips MP, NSW Minister for Health, was a huge community event with local Clubs all supporting the day.

Sadly, one of the key architects, David Lindner, who designed the Tresillian Wentworth facility, went missing on a holiday to Europe during the project. A remembrance plaque in his name still remains at Tresillian.

Gail Boyle RN, was appointed the first Centre Manager at Tresillian Wentworth.

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Clem Potter, CEO

On 23rd September, 1991, Tresillian's staff were rocked by the sudden death of their much loved General Manager, Mr Clem Potter who had served the organisation as CEO for 20 years. Mr David Hannaford was appointed General Manager in 1992. On Council, Mr Bob Elmslie OAM replaced Mrs Alison Cox OAM, as President.

75 years

In 1992, Tresillian celebrated 75 years with a 75th Birthday Conference for health



Tresillian Nepean (Originally known as Tresillian Wentworth)



professionals at Sydney's newly built ANA Hotel. Special guest speaker at the Conference dinner was Social Researcher, Hugh Mackay, also a 'Tresillian Baby'.

Tresillian Petersham closes

Both the Residential and Day Stay units at Tresillian Petersham continued to be in great demand but it was becoming clear that the ageing building at Petersham needed significant renovation. Funding was tight, so in consultation with the NSW Health, the decision was made to sell the Petersham facility and put the funds into a new purpose-built Centre located behind Canterbury Hospital at Belmore. In March, 1998, 2 Shaw Street, Petersham was sold at auction for \$1.325M.

It was sad to farewell Tresillian's flagship centre after 78 years. To commemorate the occasion, a gala dinner was held at Trethaway Gardens Function Centre, also in Shaw Street,



Tresillian Canterbury.



Below: Kaylee Harris and Dr Andrew Refshauge MP at the Official Opening of Tresillian Canterbury.



attended by some 200 staff and friends including one of the first babies to use the Tresillian service, Joy Chardon of Marrickville (Born 1921). Another special guest was Ms Kathleen Clifton, former Director of Nursing from 1936 to 1969, who gave a moving and candid speech about her work with the Society.

Tresillian Canterbury opens

Services transferred to Belmore in May and on 11th December 1998, Tresillian Canterbury was officially opened by the NSW Minister for Health, The Hon. Dr Andrew Refshauge MP, at a morning tea at the new facility attended by around 30 guests. Radio personality, Kaylee Harris, the breakfast announcer on 2WS and her baby attended the event with Kaylee speaking candidly about the support she received from Tresillian. The new facility increased services to a 7-day, 22-bed Residential Unit, a 6-place Day Stay Unit and an Outreach service.



Tresillian Council, 1992



2000-2010

Tresillian continued to respond to the times and in 2000 entered the digital era, launching a new website featuring tips for parents and information on Tresillian services. Help with how to settle a baby continues to be the most popular reason parents visit tresillian.org.au

In 2001, after 25 years of service to Tresillian, Medical Director, Dr Neville Don passed away. Dr Don was a highly valued member of staff who made a significant contribution at a management level, not to mention the care he gave to many families during this time. The Education Room at Canterbury was named the Dr Neville Don room in his honour. Dr Penny Field took on the role of Medical Director.

Research & Education

The Education Unit continued to expand and thrive under the leadership of Dr Cathrine Fowler who ensured Tresillian's long-standing commitment to research continued.

In April 2001, Tresillian introduced the Family and Parentcraft Nursing Certificate for Enrolled Nurses.

This program continued to be offered along with the Graduate Certificate in Child and Family Health Nursing for Registered Nurses. By 2005

this Course was delivered in partnership with the University of Technology (UTS) Sydney, an exciting development for Tresillian.

In 2005 in partnership with the Department of Corrective Services, Dr Fowler also led the initiative to offer a parenting course, 'Mothering at a Distance' for incarcerated mothers, with the aim of improving knowledge for mothers while in prison and when released.

Allied Health

From early on it was acknowledged that many parents experience severe stress and anxiety in the first two years after birth. In 1987, Tresillian held its first pilot postnatal depression program which proved so successful, the program was extended. It demonstrated the effectiveness of psychology services working in collaboration with other health professionals to treat parents experiencing complex mental health issues. Today, under the leadership of Lisiane La Touche, Tresillian's Director of Social Work for more than 25 years, we continue to support the emotional wellbeing of parents who all have the opportunity to see a psychologist or attend a parenting program.

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Mr Bob Elmslie OAM

In 2005, President, Mr Bob Elmslie OAM retired after devoting 15 years to Tresillian as President and 33 years on Council. In 1977, he was awarded the Queen's Silver Jubilee Medal and in 1996, an OAM, for his contribution to Tresillian. He is also remembered at Tresillian on a commemorative plaque at Tresillian Canterbury. Mr Elmslie was a businessman starting the stockbroking firm, Valder, Elmslie & Co. Amongst his greatest achievements were driving the opening of Tresillian Centres at Canterbury and Penrith. Mr Elmslie's legacy lives on in 'The Elmslie Foundation', set up to fund annual 'Years of Service' awards for Tresillian Staff members. Solicitor, Ms Sandra Littlewood was then elected President of Council.



L to R: Opening of Guthrie extension in 2002 by Ms Genia McGaffery, Mayor, North Sydney Council with David Hannaford, Tresillian's General Manager and Bob Elmslie OAM, President

Guthrie Expands

The decision was made to extend Guthrie Child Care Centre from 26 to 40 places due to increasing demand for childcare. Both North Sydney Council and the Commonwealth Department of Planning and Community Services provided financial contributions and the impressive new \$1 million addition was officially opened by the Mayor of North Sydney Council, Ms Genia McGaffery, in 2002.

Changes to Service Delivery

In February 2006, Tresillian in partnership with internet service provider, Ninemsn, introduced a pilot program enabling parents to live chat online with a Tresillian Nurse. Initially funded by Ninemsn, and known as 'Messenger Mums', the service was a world first. Now sponsored by Johnson & Johnson and known as Tresillian Live Advice it remains very popular with new parents.

Gidget Scholarship

In 2006, the Gidget Foundation, an organisation dedicated to raising awareness of perinatal anxiety and depression, donated \$100,000 to Tresillian to set up an annual 'Gidget Scholarship Fund'. Each year one or two nurses are funded to study a Course in the area of mental health.



Above: Beulah Warren, President 2010, with mother and baby



Tresillian Chair

A highlight of this period was the funding by Tresillian of a Chair in Child and Family Health in partnership with the Faculty of Nursing, Midwifery and Family Health, University of Technology UTS (Sydney). In 2006, Dr Cathrine Fowler, Tresillian's Education and Research Manager was appointed Professor for the Chair. Dr Fowler's contribution in terms of research has been a valuable resource for child and family health professionals.





2010-2018

Tresillian Today!

After consultation with the many health professionals referring families to Tresillian, a centralised intake system, to streamline referrals was introduced. Director of Nursing & Clinical Services, Anne Partridge led the implementation that meant referrals were processed more efficiently. While this helped curb waiting lists, the length of residential stays was also reviewed and standardised to 4 nights, 5 days at all Centres to enable more admissions.

In 2013, after 17 years in the role, and 25 years with Tresillian, Anne Partridge stepped down as Director of Nursing. Also at that time, David Hannaford, General Manager, retired after 21 years in the role. Following his retirement, Robert Mills was appointed Chief Executive Officer (CEO) in 2013. Robert came to Tresillian with extensive knowledge and background in the child and family health area. Jenny Smit was appointed Director of Clinical Services and Troy Trgetaric, Director of Corporate Services.

In other changes, the Occasional Care

service at Wollstonecraft for parents needing short term care for their child was closed, with many parents favouring long day care. The service had been in operation for over 30 years.

In September 2013, the first of many Tea Parties was held in the gardens of Tresillian Wollstonecraft to raise funds for Tresillian. This annual event continues to attract hundreds of mothers of all ages. Volunteer Sue Robson, generously assisted with these events over the years.

Tresillian has continued to change with the times and in October 2015, published its first dedicated Social Media pages featuring tips on parenting - these continue to be a valuable resource for families. Furthermore, a YouTube Channel was launched on 3rd April, 2017 and includes a series of thirteen new Parent Education videos.

The Tresillian website, tresillian.org.au continues to be reviewed to meet the needs of parents looking for tips and advice on caring for their baby.

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Guthrie Child Care Centre



Tresillian Tea Party



Continued from page 30

Clinical Practice

Tresillian remains committed to an evidence based clinical practice model across all services. Over the past two decades the amount of research both internally and externally has been significantly expanded. Evaluating clinical practice and supporting staff research competence remains a priority. Tresillian was one of the first early parenting organisations to gain the Australian Council on Healthcare Services (ACHS) Accreditation.

Child & Family Health Education

Tresillian staff continue to assist NSW Health to develop and implement education programs for health professionals. In the 1990's and 2000's, postnatal depression programs were developed in collaboration with the NSW Institute of Psychiatry. Currently, Tresillian's Professional Practice and Innovation Centre is responsible for developing and implementing the 'Advanced Nurse Practice Course' for the Sustaining NSW Families Home Visiting Program.

Tresillian's involvement in child and family health education provision now goes beyond Australia. Educators have been invited to provide Child and Family Health Courses in South Korea, China, Hong Kong and Indonesia.



Opening of AWH Tresillian Parents & Babies Service, Albury Wodonga

Expansion into regional Australia

Regional expansion has been a focus of the last decade to enable more families to access Tresillian's specialist services without having to drive to Sydney.

Initially three Tresillian Day services opened. The first in partnership with Albury Wodonga Health (AWH) known as the Albury Wodonga Health and Tresillian Parents and Babies Service opened in October, 2015. Adjunct Professor Susan O'Neil, CEO Albury Wodonga Health joined Tresillian's CEO, Robert Mills, to celebrate the opening with local dignitaries and members of the community. This was the first Tresillian facility to be located outside New South Wales.

In Lismore on the NSW North Coast, another partnership was set up with the North Coast Primary Health Network and Northern NSW Local Health District. The Centre was officially opened in November, 2015 by Mrs Karen Hogan, wife of Kevin Hogan MP, Federal Member for Page, and Lismore's Mayor, Jenny Dowell.

Then in May, 2016 the Tresillian in Murrumbidgee Day Service, at Wagga Wagga was launched in partnership with Murrumbidgee Local Health District. Special guests included the Hon. Bronnie Taylor, MLC, Member of the Legislative Council and Parliamentary Secretary for the Deputy Premier and Southern NSW.

During this period, Deborah Stockton was appointed to the position of Operational Nurse Manager - Regional Services at Tresillian to manage the establishment of these services.



Opening of Tresillian in Murrumbidgee



Opening of Tresillian Lismore





2018 - Our Centenary Year!

Tresillian's Centenary year was the most spectacular in our history with expansion plans underway into Chengdu, China; a new Tresillian2U Early Parenting Mobile Van launched; plans were unveiled for a brand new purpose built facility at Tresillian Wollstonecraft and five new Tresillian Centres in regional areas opened. **Here's how we delivered the largest expansion of Child and Family Health services in Tresillian's history!**



Premier of NSW, Hon. Gladys Berejiklian MP is pictured centre with Dr Nick Kowalenko, President and Robert Mills CEO with a mother and baby.

Tresillian launches in China

In December, 2017, Tresillian was invited to join a delegation led by the Premier of NSW to the 26th NSW-Guangdong Joint Economic Meeting (JEM) in Guangdong Province.

It was announced that Tresillian would be providing child and family health services in China with the first Tresillian Centre to open in Chengdu, in partnership with CHS Healthcare, in early March, 2019.

Tresillian's Professor Cathrine Fowler, and specialist staff will also be delivering education and training programs in child and family health to Chinese nursing students.

Five more Regional Centres + Tresillian 2U Mobile Early Parenting Van

An action arising from Tresillian's Strategic Plan (2017-2020) was to improve access to early parenting services to families in regional communities and beyond. So, we were very excited to learn that as part of the NSW Government's \$157 million funding commitment to support new families announced in June, 2018, Tresillian received \$2.2 million per year for four years, to open five new Family Care Centres in Queanbeyan, Coffs Harbour, Dubbo, Taree and Broken Hill for vulnerable families living in regional NSW. The Centres were opened throughout October and November, 2018. Tresillian's Operational nurse Manager, Regional Services, Debbie Stockton played a major role in the commissioning of these services.



Tresillian 2U is launched and new Macksville Residential Beds announced by The Hon. Melinda Pavey MP Member for Barwon.
15th October, 2018

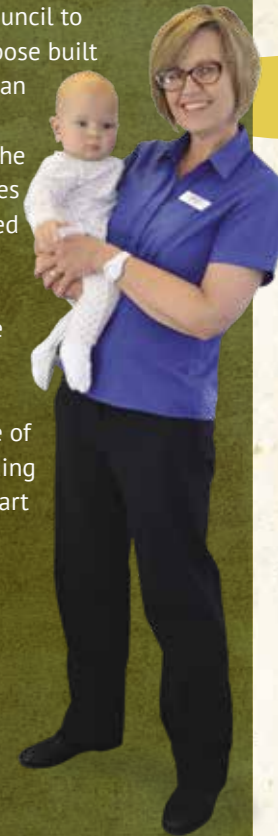


Tresillian Cooma Satellite Service launched by The Hon. John Barilaro MP, Member for Monaro, Deputy Premier and Leader of the Nationals, along with the Hon. Bronnie Taylor, MLC Parliamentary Secretary to the Deputy Premier and Southern NSW.
5th November, 2018



Plans unveiled for Wollstonecraft

A Development Application was approved in November, 2018 by North Sydney Council to build a new purpose built facility at Tresillian Wollstonecraft that will house the combined services currently provided at our heritage buildings on the North Shore. The new Centre will be a clinical and education centre of excellence. Building is expected to start in early 2020.





Tresillian in Southern, Queanbeyan. Opened by The Hon. Bronnie Taylor, MLC Parliamentary Secretary to the Deputy Premier and Southern NSW. 29th October, 2018.



Tresillian in Coffs Harbour Opened by Mr Andrew Fraser MP Member for Coffs Harbour. 19th November, 2018.



Tresillian in Far West, Broken Hill Launched by The Hon. Kevin Humphries MP Member for Barwon. 26th November, 2018



Tresillian Taree Launched by Mr Stephen Bromhead MP Member for Myall Lakes. 18th December, 2018



Tresillian in Western, Dubbo Launched by The Hon. Troy Grant MP Member for Dubbo. 12th November, 2018



New Parenting Books

In May, 2014 Tresillian published a new parenting book, 'Hello Baby, Parenting with Confidence – A Tresillian Guide', written by Professor Cathrine Fowler. A Revised Edition was re-launched in 2018.

Then in May, 2018, a second book titled, 'The Tresillian Sleep Book' was launched in partnership with Harper Collins. Written by Senior Nurse Educator, Fran Chavasse, the book is a valuable guide for parents wanting to understand baby's sleep patterns.





Centenary Gala Ball

27th October, 2018 • Sydney Town Hall



A Night to Remember!

Around 500 guests packed Sydney Town Hall on 27th October, 2018 for a night of glitz and glamour to celebrate Tresillian's 100 years.

Brendon Jones (of WSFM Jonesy & Amanda fame!) was MC and entertainment included The Three Tenors! NSW Minister for Women, Tania Davies MP was the official guest of honour.





Tresillian
It's in our nature to nurture

Admiralty House

20th March, 2018

Hosted by His Excellency General the Honourable Sir Peter Cosgrove AK MC (Retd) Governor-General of the Commonwealth of Australia and Her Excellency Lady Cosgrove, for long serving members of staff and Board Members.



Government House

8th May, 2018

Hosted by His Excellency General The Honourable David Hurley AC DSC (Retd) Governor of New South Wales and Mrs Linda Hurley, for volunteers, members of staff and corporate sponsors.





Team Building & Planning Day

31st August, 2018

New South Wales Parliament House, Sydney.
Special guest: The Hon. Bronnie Taylor, MLC Parliamentary Secretary to the Deputy Premier and Southern NSW.

Over 200 staff members attended Tresillian's Centenary Team Building & Planning Day

Highlights included: a visit by The Hon. Bronnie Taylor, MLC Parliamentary Secretary to the Deputy Premier and Southern NSW; staff awards were presented with Georgina Campbell, Nursing Unit Manager at Tresillian Wollstonecraft nominated Employee of the Year and a magnificent handcrafted Tresillian Centenary quilt was unveiled by the President of Quilt NSW, Megan Manwaring.



Mother's Day Tea Party

11th May, 2018

Close to 200 attended Tresillian's Mother's Day Tea Party including Felicity Wilson MP Member for North Shore. The morning tea was held in the beautiful grounds of Tresillian Wollstonecraft.





Centenary Conference

23rd November, 2018
Doltone House, Darling Island Wharf, Pyrmont

This Conference was a special celebration which brought together over 200 child and family health professionals, many being Tresillian's key referral agents. The MC was popular media personality, Julie McCrossin and keynote speakers included Professor Jane Fisher who presented on women's health and family wellbeing, Professor Emad El Oman on the gut microbiome, and Associate Professor Elizabeth Murphy on The First 2000 Days.





Tresillian Centre Celebrations 2018

Willoughby/Wollstonecraft Centenary Celebration

On 16th March, from 1.30pm, staff at Tresillian's North Shore Centres hosted an afternoon tea at Tresillian Wollstonecraft for Child and Family Health Clinic Nurses. It was a great opportunity to celebrate our Centenary with these health professionals who have played an important role in our history as an early parenting service. Nursing Unit Managers, Gina Campbell and Vicki Hardin, made presentations on Tresillian's referral process and Nurse Educator, Megan Sena addressed the group on education offerings.



Tresillian Wollstonecraft



Tresillian in Murrumbidgee



Tresillian Nepean



Tresillian Nepean

On 29th August, 2018 Tresillian Nepean hosted a morning tea for local Child and Family Health Clinic Nurses, staff and former staff to celebrate Tresillian's 100th birthday. The Hon. Bronnie Taylor, MLC, The Hon. Stuart Ayres MP, Peter Collins, AM QC NBMLHD (Nepean Blue Mountains Local Health District) Board Chair and Kay Hyman, CE NBMLHD joined us for this special occasion. Nursing Unit Manager in Residential, Sue Bruhm, read out a heartwarming letter from a mother who had recently used the service, and she was joined by the Nursing Unit Manager of Day Services, Angela Drummond, who addressed the group on services at the Centre.

Tresillian in Murrumbidgee, Wagga Wagga

On Tuesday, 30th October, 2018 from 1pm-3pm, Nursing Unit Manager Karen Griffin, and her team hosted 40 staff and local health professionals to pay tribute to Tresillian's Centenary with a celebratory lunch. Joining in the celebrations was Member for Wagga Wagga, Dr Joe McGirr MP, who addressed guests on the far-reaching benefits of family care services in regional areas.

Albury Wodonga Health (AWH) Tresillian Parents & Babies Celebrations

On Tuesday, 20th November, 2018, the AWH Tresillian Parents & Babies service celebrated 135 years of combined services with a family fair at The Cube in Wodonga. Nursing Unit Manager, Ros Taig and her team worked for many months to stage the all day event that celebrated the Parents & Babies service and its partnership with Tresillian. Mayor of Wodonga, Anna Speedie joined proceedings, along with radio announcer Louisa Pellizari, local families and health professionals, both past and present.



AWH Tresillian Parents & Babies Celebrations

Tresillian Lismore

On Tuesday, 4th December, 2018 from 1pm-3pm Nursing Unit Manager Rachael McLean, and her team hosted around 25 local health professionals and staff with a Centenary lunch held at the Centre. A highlight was the presence of Mayor of Lismore, Isaac Smith who reiterated the importance of services such as Tresillian for regional families. Local Mum, Katie Heaton spoke about how the service helped her, and Manager, Rachael McLean perfectly captured the essence of the Tresillian service to families in her presentation.



Tresillian Lismore

Tresillian Canterbury

On Thursday, 6th December, 2018 a very special afternoon tea was held at our Canterbury Centre celebrating staff, past and present who had worked not only at Canterbury but also at Petersham. It was wonderful to see so many familiar faces at this reunion and it was a very special way to end our Centenary year. We were honoured to have Member for Canterbury, Ms Sophie Cotsis MP, join us for the occasion. She presented our CEO Robert Mills with a Certificate of Appreciation from the people of NSW for the service Tresillian delivered to families over the last 100 years.

100th Annual General Meeting

Hosting the Society's 100th Annual General Meeting was CEO, Robert Mills with President Dr Nick Kowalenko presenting Tresillian's 100th Annual Report. Dr Kowalenko spoke about the extraordinary contribution of the organisation to child and family health over the last 100 years, paying tribute to the dedication and commitment of staff and former Board Members and in particular, the Society's inaugural President, the Hon. Sydney Reginald Innes-Noad. A celebratory afternoon tea was held afterwards.



Celebrating 100 Years: 1918 - 2018

Title	Name	Role	Start	End
Presidents				
The Hon.	Sydney Reginald Innes Noad, MLC	President	1918	1926
Sir (Dr.)	Charles Clubbe, KBE	President	1926	1931
Mr.	W. G. Layton, Esq., CBE	President	1931	1944
Mr.	H. W. Chancellor, Esq., FCA	President	1944	1961
Mr.	G. F. Shirley	President	1961	1971
Mrs.	B. B. Bryant	President	1971	1972
Mr.	Frank J Guthrie, MBE	President	1972	1984
Mrs.	Alison Cox, OAM, BA (Syd) Grad Dip, Commun, (UTS)	President	1984	1990
Mr.	A. R. Elmslie, Esq., OAM	President	1990	2005
Ms	Sandra Littlewood BA, LLB (ANU)	President	2005	2009
Ms	Beulah Warren, MA (Hons), MAPS	President	2009	2013
Dr.	Nick Kowalenko MB, BS, FRANZP, MAICD	President	2013	present

Deputy Presidents

Mr.	A.R. Elmslie, Esq., OAM	Deputy President	1977	1980
Mrs.	Alison Cox, OAM, BA (Syd) Grad Dip, Commun, (UTS)	Deputy President	1980	1985
Mr.	A. R. Elmslie, Esq., OAM	Deputy President	1985	1990
Dr.	Patrick Concannon, MB, BS, DCH, MRCP (UK), FRACP	Deputy President	1990	1993
Mr.	Frank Honan	Deputy President	1994	1996

Vice Presidents

Hon.	W. A. Holman, KC	Vice President	1918	1924
Hon.	David Storey, MLA	Vice President	1918	1919
Hon.	J. D. Fitzgerald, MLC	Vice President	1918	1921
Hon.	Frederick Flowers, MLC	Vice President	1918	1926
Hon.	Sir Jas. Burns, MLC	Vice President	1918	1919
Sir (Dr.)	C. B. P. Clubbe, KBE	Vice President	1918	1926
Dr.	T. Storie Dixson	Vice President	1918	1922
Hon.	Sir Chas. Mackellar, MLC	Vice President	1919	1920
Hon.	J. J. G. McGirr	Vice President	1919	1920
Hon.	George Cann, MLA	Vice President	1924	1926
Hon.	George Black, MLC	Vice President	1924	1925
Mr.	Robert Vicars, Esq.	Vice President	1925	1926
Lady	MacCallum	Vice President	1926	1931
Hon.	John Lane-Mullins, MLC	Vice President	1926	1938
Mrs.	W. P. McElhone	Vice President	1930	1934
Mr.	D. J. Mackay Sim, Esq.	Vice President	1934	1936
Sir	Robert Wade MD, FRCS	Vice President	1937	1943
Dr.	E. Sydney Morris, MD, ChM, DPH, FRACP	Vice President	1941	1957
Dr.	Margaret Harper, MB, ChM, FRACP	Vice President	1947	1949
Mr.	F. W. Macpherson	Vice President	1957	1970
Mrs.	B. B. Bryant	Vice President	1957	1970
Mr.	Frank J Guthrie, MBE	Vice President	1970	1972
Mrs.	Peggy Wilson, BA (Macq), LLB (Syd)	Vice President	1972	1989
Mr.	A. R. Elmslie, Esq., OAM	Vice President	1972	1977
Mrs.	Alison Cox, OAM, BA (Syd) Grad Dip, Commun, (UTS)	Vice President	1977	1980
Mr.	A. R. Elmslie, Esq., OAM	Vice President	1980	1982
Mr.	Robert W. Hutchinson, FAIM	Vice President	1983	1988
Dr.	Patrick Concannon, MB, BS, DCH, MRCP (UK), FRACP	Vice President	1988	1990

Celebrating 100 Years: 1918 - 2018

Title	Name	Role	Start	End
Ms	Phillipa Milne, BA (Hons)	Vice President	1989	1993
Mr.	Frank Honan	Vice President	1990	1994
Mr.	Frank Honan	Vice President	1996	1997
Ms	Sandra Littlewood BA, LLB (ANU)	Vice President	1997	2005
Ms	Beulah Warren, MA (Hons), MAPS	Vice President	2005	2009
Dr.	Nick Kowalenko MB, BS, FRANZP, MAICD	Vice President	2009	2013
Ms	Kate Fitzgerald, BA, LLB (Hons) LLM	Vice President	2013	2014
Ms	Natalie Boyd BA (Mass Comm)	Vice President	2015	Current

Council Members

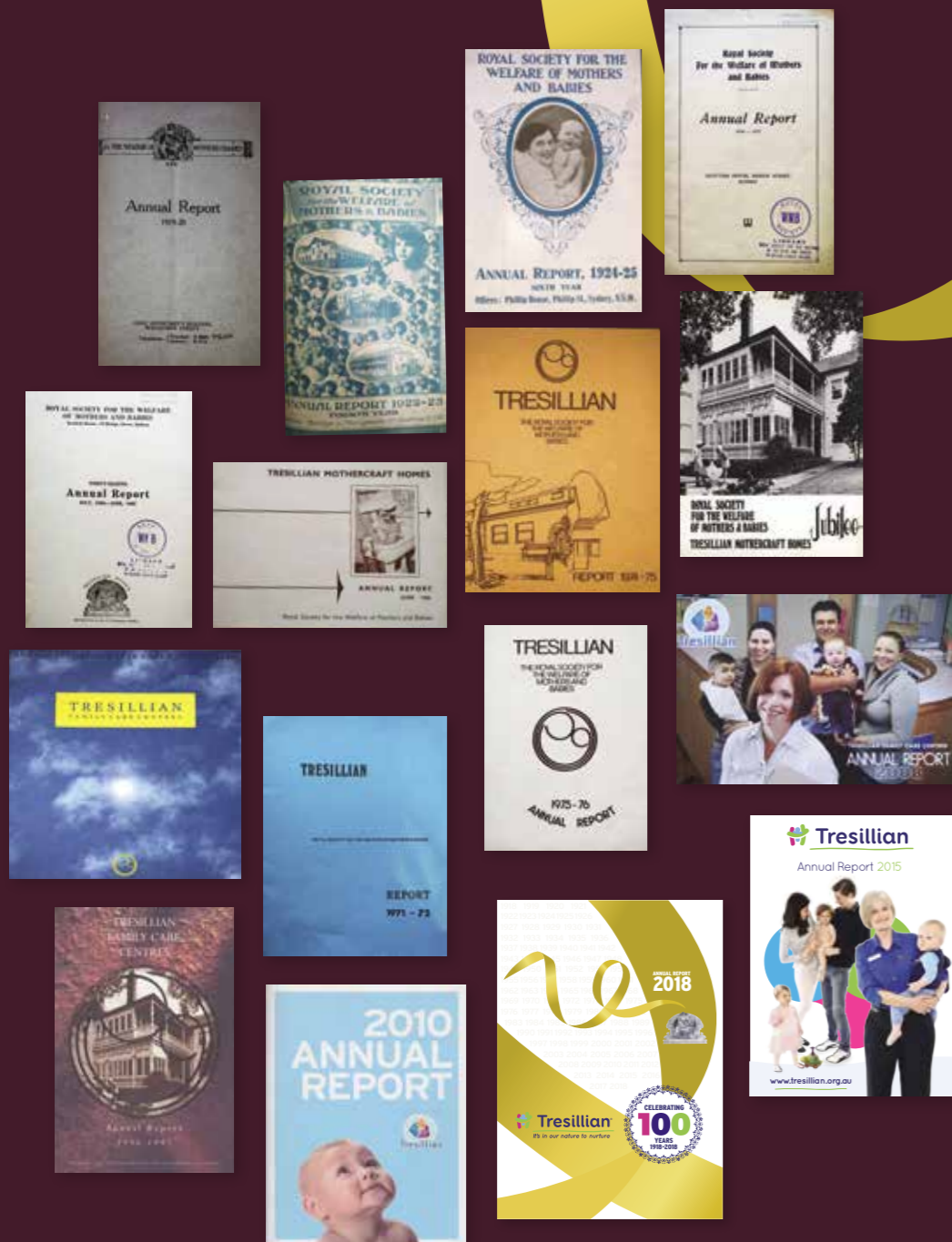
Mr.	W. E. Booth	Hon. Treasurer	1919	1932
Hon.	John Lane-Mullins	Hon. Solicitor	1919	1929
Mr.	A. W. Green	Hon. Secretary	1919	1922
Dr. / Prof.	J. C. Windeyer	Executive Council	1919	1952
Mr.	H. C. Halloran, Esq	Hon. Secretary	1922	1926
Miss.	Desailly	Executive Council	1923	1924
Mrs.	J. Dickie	Executive Council	1923	1924
Hon.	J. L. Fegan	Executive Council	1923	1924
Dr.	Katie Ardill-Brice	Executive Council	1923	1924
Sister	Parry	Executive Council	1923	1924
Miss.	A. M. Friend	Executive Council	1923	1926
Mrs.	A. M. Norton	Executive Council	1923	1926
Mr.	E. B. Harkness Esq.	Executive Council	1923	1926
Dr.	E. Selwyn Harrison	Executive Council	1920	1926
Mrs.	J. Goldsmith	Executive Council	1923	1926
Dr.	J. S. Purdy	Executive Council	1923	1926
Mrs.	W. P. McElhone	Executive Council	1923	1934
Dr.	E. Ludowici	Executive Council	1923	1940
Mr.	J. W. Roseby, Esq.	Executive Council	1923	1926
Mrs.	MacCallum	Executive Council	1923	1926
Lieut. Colonel	Orames	Executive Council	1923	1926
Dr.	R. B. Wade	Executive Council	1923	1926
Dr.	R. Dick	Executive Council	1923	1926
Sister	Sanders	Executive Council	1923	1926
Dr.	E. Sydney Morris	Executive Council	1925	1957
Mrs.	Arthur Scott	Executive Council	1925	1926
Dr.	C. U. Carruthers	Executive Council	1925	1926
Mrs.	E. McCrea	Executive Council	1925	1926
Mrs.	MacDonald	Executive Council	1925	1926
Mrs.	F. Lugsdin	Executive Council	1925	1929
Miss.	Alice M. Friend	Hon. Secretary	1926	1927
Miss.	E. Spencer	Hon. Secretary	1927	1928
Mr.	G. H. S. King, Esq.	Member	1927	1928
Miss.	E. Spencer	Member	1927	1928
Miss .	M. K. Craven	Secretary	1928	1934
Mrs.	J. A. Clapin	Hon. Solicitor	1930	1935
Mrs.	Clem Martin	Organising Secretary	1930	1934
Mr.	A. N. Brierley, Esq.	Hon. Treasurer	1932	1935
Miss.	Elvira. M. Lyons, Dip, Soc Sc	Secretary	1934	1954
Mr.	F. H. Way, Esq., FCA	Hon. Treasurer	1935	1939
Mr.	W. J. Southey Wilson, Esq.	Hon. Solicitor	1935	1953
Mr.	A. G. White, Esq.	Hon. Publicity Officer	1935	1958

Celebrating 100 Years: 1918 - 2018

Title	Name	Role	Start	End
Mr.	H. W. Chancellor, Esq., FCA	Hon. Treasurer	1939	1944
Mrs.	K. Bennett	Co-opted Members	1939	1942
Miss.	R. Reuss	Co-opted Members	1939	1942
Mrs.	Richard Francis	Member	1941	1969
Mrs.	E. L. Sanders	Co-opted Members	1942	1943
Mr.	A. W. Uther, Esq., FCA	Hon. Treasurer	1944	1947
Mr.	J. G. Wheeler, FCA	Hon. Treasurer	1947	1968
Prof.	Lorimer Dods, MD, FRACP	Hon. Associate Physician	1947	1969
Mr.	H. Hastings Deering, Esq.	Member	1949	1964
Mrs.	Gertrude C Geikie, MB, BS	Member	1951	1979
Mr.	F. W. Macpherson	Member	1951	1973
Mr.	J. K. Mcgregor	Hon. Solicitor	1953	1969
Mrs.	B. B. Bryant	Member	1953	1973
Mrs.	Ida M Howie	Secretary	1954	1960
Mr.	F. Gregory Roberts	Hon. Consultant	1956	1961
Mr.	W. P. MacCallum, MB, ChM, FRACP	Member	1956	1959
Mr.	G. F. Shirley	Member	1960	1961
Mr.	Frank J Guthrie, MBE	Member	1960	1993
Mrs.	G. Herne	Secretary	1960	1969
Mr.	R. E Chancellor, ACA	Member	1962	1983
Mr.	Bryan Dowd MB, BS, MRACP	Member	1964	1973
Mr.	J. M. Alexander, MB, BS, MRACP	Member	1965	1967
Dr.	J. Hughes MB, BS	Member	1967	1982
Mr.	Richard O'Connor ACA	Hon. Treasurer	1968	1969
Mrs.	Peggy Wilson, BA (Macq), LLB (Syd)	Member	1970	1987
Mr.	L. E. Tutt, Jnr, FCA, FAIM	Treasurer	1972	1975
Miss.	J. Fry, NSTC Dip	Member	1973	1973
Mrs.	J. E. Deger	Member	1974	1974
Miss	Sheila Robb	Member	1974	1977
Dr.	John McDonald	Member	1974	2004
Mrs.	Alison Cox, OAM, BA (Syd) Grad Dip, Commun, (UTS)	Member	1974	2005
Mr.	Dudley C. Small, Esq.	Member	1975	1983
Mr.	Dudley C. Small, Esq.	Treasurer	1977	1983
Mr.	Jack L. Lambert	Treasurer	1983	1985
Mr.	Robert Hutchinson	Member	1983	1988
Dr.	Patrick Concannon, MB, BS, DCH, MRCP (UK), FRACP	Member	1983	2007
Mr.	John F. O'Grady	Member	1984	1988
Mr.	R. Barrett	Treasurer	1985	1987
Mr.	Frank Honan	Treasurer	1987	1992
Ms	Phillipa Milne, BA (Hons)	Member	1988	1996
Mr.	Ian Chatfield	Member	1989	1998
Ms.	Sandra Littlewood BA, LLB (ANU)	Member	1990	2005
Mr.	Colin Grant	Member	1991	1995
Mr.	Ian Chatfield, CPA, ACIM	Treasurer	1992	1998
Mrs.	Mavis Bickerton	Member	1994	1999
Mr.	Warren Porter	Treasurer	1998	2008
Mr.	Tom Hamilton	Member	1999	2001
Ms	Beulah Warren, MA (Hons), MAPS	Member	1999	2014
Ms	Leanne Daggar	Member	2000	2002
Mr.	Warren Westcott	Member	2002	2007
Ms	Julie-Anne Murphy	Member	2003	2004
Ms	Peta Minihan	Member	2004	2004
Ms	Janice Wright	Member	2005	2006
Ms	Kathy Main	Member	2006	2006

Celebrating 100 Years: 1918 - 2018

Title	Name	Role	Start	End
Mr.	Hugh Bickerstaff TGMP (Harvard)	Member	2006	2015
Ms	Susan Noisen	Member	2007	2008
Ms	Lesley Shanley	Member	2009	2010
Prof.	Marie Paule Austin	Member	2010	2013
Ms	Kate Fitzgerald, BA, LLB (Hons) LLM	Member	2011	2014
Mr.	Bruce Callaghan B Soc Sci, Dip TAS, CertIVTAE	Member	2013	2017
Current Membership - Tresillian Board, Year Ending 2018				
Dr.	Nick Kowalenko MB, BS, FRANZP, MAICD	Director	2003	2009
Dr.	Nick Kowalenko MB, BS, FRANZP, MAICD	President	2013	Current
Ms	Natalie Boyd BA (Mass Comm)	Director	2006	2015
Ms	Natalie Boyd BA (Mass Comm)	Vice President	2015	Current
Mr.	Peter Quinn B.Bus CA, ACIM, FAICD CFP	Treasurer	2008	Current
Dr.	David Lillystone OAM, MBBS, MRCP (UK) FRACP, DCH, FAFPHM	Director	2007	2018
Mr.	Paul Robson B.Comm Mgt & Mktg, Grad Dip (Gen Mgt)			
	INSEAD, Grad Dip (Int Bus) UHelsinki	Director	2008	Current
Ms	Susan Redden Makatoa BA (Communications), FPRIA, GAICD	Director	2008	Current
Ms	Catherine Whitby BA LLB (Hons), MSc (Law & Accounting), GAICD	Director	2016	Current
Ms	Christina Hall B.Accounting, CA, GAICD, ARITA	Director	2016	Current
Ms	Karen Den-Toll BA LLB (Hons) GAICD	Director	2016	2018
Director of Medical Services				
Dr.	Margaret Harper, MB, ChM, FRACP	Medical Director	1919	1949
Dr.	L. G. Tait	Medical Director	1949	1951
Dr.	Kathleen Winning	Medical Director	1951	1970
Dr.	John C. Quoye	Medical Director	1970	1982
Dr.	John McDonald	Medical Director	1982	1990
Dr.	Neville Don	Director of Medical Services	1990	2001
Dr.	Penelope Field	Director of Medical Services	2001	2018
Chief Executive Officer				
Mr.	Clement Potter AASA, CPA	Secretary / CEO	1972	1991
Mr.	Alan Cartwright B.Comm (Uni. Newcastle)	CEO (Acting)	1991	1992
Mr.	David Hannaford B.Comm (UNSW)	General Manager	1992	2013
Assoc. Prof (Industry)	Robert Mills MPH & FAICD	Chief Executive Officer	2013	Current
Director of Nursing				
Assoc. Prof (Industry)	Jenny Smit B.Sc (Nursing), MPH, MBT, MFMH	Director of Clinical Services	2014	Current
Director of Corporate Services				
Assoc. Prof (Industry)	Troy Trgetaric MPH, JD GAICD	Director of Corporate Services	2014	Current
Chair, Tresillian Chair for Child & Family Health, Centre for Midwifery, Child & Family Health, Faculty of Health, University of Technology Sydney				
Prof.	Cathrine Fowler PSM, RN, RM, CM'craftN, Dip.Teach(Nursing). B.Ed(Adult) M.Ed(Adult), PhD		Appointed 2006	Current
We especially acknowledge the dedication and commitment of all Tresillian Nurses, Social Workers, Psychologists, Managers, Nurse Educators, Medical staff and the administrative, maintenance and domestic staff supporting them.				



A Note from the Editor

This book on Tresillian's history is a collection of extracts from Annual Reports, media articles and other documents published over the last 100 years with 'gaps' aptly filled by long serving current and former staff and Council Members. While memories fade and recollections differ, every effort has been made to be accurate as possible. Readers who are interested in sharing their photos or personal stories of their involvement are welcome to contact me at Tresillian. It's been a privilege to work on this historical overview that pays tribute to the outstanding contribution Tresillian has made to the field of child and family health over the last 100 years.

Special thanks to Robert Mills, Tresillian's CEO, for his encouragement and support with this project; to former Matron in Charge, Evangelyn Carr, for her deep interest and continued enthusiasm for Tresillian; and Graphic Designers, Brent and Roxanne Carswell (Father and daughter team), who were responsible for creating this outstanding moment of Tresillian's history.

Ann Paton
Public Affairs & Marketing Manager
Tresillian Family Care Centres
1989 – Current

Tresillian in 2019



In 2019 Tresillian's specialist early parenting services aim at improving the health and psycho-social outcomes for infants, children aged 0-5 years and their families. The Tresillian service offers education and support to families from child and family health nurses and allied health professionals. Parents require a Referral from a health professional to access Tresillian's Day Services and Residential Units. Services include:

Residential Inpatient Units

These are located at Canterbury, Willoughby and Nepean with a total of 86 beds (for both parents and their babies). Residential stays are 4 nights/5 days. Both parents are welcome to stay with their infant.

On 1st July 2019 Tresillian was appointed Service Provider of the Tresillian QEII Family Centre, in Curtin, ACT in partnership with ACT Health. The QEII has a 13-bed Residential Unit servicing the ACT community and surrounding areas.

Day Services

These provide a range of services for families experiencing early parenting challenges, including infant sleep and settling difficulties, and operate from 8am-4.30pm, Monday to Friday at Tresillian Centres in Sydney at Belmore, Nepean, Wollstonecraft and Willoughby, and in regional NSW, at Lismore, Wagga Wagga, Queanbeyan, Dubbo, Coffs Harbour, Broken Hill, Taree and in Albury Wodonga, Victoria.



Tresillian in 2019 (cont.)



Tresillian 2U Mobile Early Parenting Van

The Tresillian 2U Mobile Early Parenting Van is based on the Mid North Coast of NSW, where qualified Tresillian Nurses visit local communities. These services are all free of charge to families with a Medicare card.

Specialist Parenting Programs

Tresillian provides specialist programs to support the development of a positive relationship between children and parents who at times experience more complex challenges.

Tresillian Parent's Help Line

The Tresillian Parent's Help Line opens from 7am to 11pm Monday to Sunday, 1300 272 736. This free service offers parenting advice and support from a Tresillian Nurse for those with young children.

Tresillian Live Advice

Tresillian Live Advice is a web based free chat service available via the Tresillian website, offering parenting advice and support from a Tresillian Nurse.

Tresillian Website

tresillian.org.au offers a range of information and resources for parents including links to educational YouTube videos and Tresillian's Social Media pages. A referral pathway for health professionals is also located on the Tresillian website.

Parenting Programs

Parenting programs are regularly facilitated by nurses, social workers and psychologists at all Tresillian Family Care Centres.

Counselling services

Counselling services for families are available at all Tresillian Centres.

Tresillian's Professional Practice and Innovation Centre

- supports Tresillian staff and external health professionals develop their clinical skills using practice development approaches.
- works in partnership with the University of Technology, Sydney (UTS) to deliver the Graduate Certificate program in Child and Family Health Nursing.
- develops parenting education and child and family health professional resources, and undertakes regular research projects.



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